

## DAFTAR PUSTAKA

- Anonymous, *Ankle Sprain*, Symptoms, 2010. diakses 8 November 2010;  
<http://www.foothealthfacts.org/footankleinfo/ankle-sprain.htm>.
- Anonymous, *Ankle Sprain Treatment*, 2010 diakses 15 November 2010 ;  
<http://www.physiotherapy-treatment.com/ankle-sprain-treatment.html>.
- Anonymous, *Foot and Ankle Anatomy*, 2010. diakses 10 Oktober 2010 ;  
<http://www.northcoastfootcare.com/pages/Foot-and-Ankle-Anatomy.html>.
- Anonymous, *Jangan Remehkan Kondisi Kakimu*, Tips Kecantikan, 2010.  
Laurent Beauty & Healthy, diakses 20 September 2010;  
<http://www.laurent.co.id/tips.php?id=190>.
- Anonymous, *Kaki*, Catatan Sir Mbilung Mac Ndobos, 2007. Ndobos,  
diakses 19 September 2010; <http://ndobos.com/2007/05/17/kaki/>.
- Anonymous, *Sprained Ankle*, Sport Injuries, 2010 diakses 20 Oktober  
2010;<http://www.sportsinjuryclinic.net/cybertherapist/front/ankle/anklesprain.htm>
- Anonymous, *Penatalaksanaan Terapi Nyeri*, Jevuska, 2010. diakses 12  
November 2010 <http://www.jevuska.com/2009/03/12/penatalaksanaan-terapi-nyeri>.

- Anonymous, *Sprained Ankle*, Mayo Clinic, 2010. diakses 4 November 2010:<http://www.mayoclinic.com/health/sprainedankle/DS01014/DSECTION=symptoms>.
- Anonymous, *Terapi Untuk Sprain dan Strain*, Info Fisioterpi, 2010. diakses 3 Oktober 2010 ; <http://www.infofisioterapi.com/terapi-untuk-sprain-dan-strain.html>.
- Bocelli, Andrea, *Perhatikan Kesehatan Kaki*, Rileks Time, 2010. Relaks diakses 21 September 2010; <http://www.rileks.com/lifestyle/trends/healthy-live/32221-perhatikan-kesehatan-kaki.html>.
- Carolyn Kisner dan Lynn Allen Colby, 1996, *Therapeutic Exercises Foundations and Techniques*, 3rd Edition, F.A. Davis Company, Philadelphia, USA.
- Cluett, Jonathan M.D, *Ankle Sprain*, Orthopedics, 2010. diakses pada 12 Oktober 2010 <http://orthopedics.about.com/cs/sprainsstrains/a/anklesprain.htm>.
- Hasan, Iqbal, *Analisa Data Penelitian Dengan Statistic*, (Jakarta ; Bumi Askara, 2004).
- Hasan, Iqbal, *Pokok-Pokok Materi Statistik 1 (Statistik Deskriptif)*, (Jakarta; Bumi Askara, 2005).
- Hasan, Iqbal, *Pokok-Pokok Materi Statistik 2 (Statistik Inferensif)*, (Jakarta; Bumi Askara, 2008).

- Inverarity, Laura D.O, *Ligament Of The Ankle Joint*, Disease and Condition Content, 2008. Physical Therapy, diakses 7 Oktober 2010 ;<http://physicaltherapy.about.com/od/humananatomy/p/ankleligaments.htm>.
- Law John, Ann Reed, *Electrotherapy Explained*, Third Edition, (Inggris, 2000).
- Mattacola, Carl G.; Maureen K. Dwyer, *Rehabilitation of the Ankle After Acute Sprain or Chronic Instability*, Journal of Athletic Training, 2002. University of Kentucky, Lexington, KY (Jurnal Elektronik) diakses 26 September 2010; [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC164373/pdf/attr\\_37\\_04\\_0413.pdf](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC164373/pdf/attr_37_04_0413.pdf).
- Nasution, H. Habib dan Rika Melianita, *Pengaruh Penambahan Terapi Ultra Sonik Pada Intervensi MWD Terhadap Penurunan Nyeri Akibat Sprain Ankle*, Jurnal Fisioterapi Indonusa Vol. 6 No.2, (Jakarta; Oktober 2006).
- P. John, DO, Cuncha, *Ankle Sprain*, 2011 diakses 6 Januari 2011; [http://www.emedicinehealth.com/ankle\\_sprain/article\\_em.htm](http://www.emedicinehealth.com/ankle_sprain/article_em.htm).
- Rauck RL, Nelson C. *General Principles of Interventional Pain Therapies*. In: Wallace MS, Staats PS. Pain Medicine and Management Just the Facts. Section 8, Chapter 46. (New York: McGraw-Hill; 2005)
- Satyanegara M.D. *The Theory and Therapy of Pain*, Jakarta, 1978
- Sugiyono, *Statistik Nonparametris Untuk Penelitian*, (Bandung : Alfabeta, 2001).

Van der Windt DAWM, Van der Heijden GJMG, Van den Berg SGM, Ter Riet G, De Winter AF, Bouter LM, *Therapeutic Ultrasound For Acute Ankle Sprains*, The Cochrane Library, Issue 1, 2006. diakses 23September2010;[http://www.sld.cu/galerias/pdf/sitios/rehabilitacionfis/therapeutic ultrasound for acute ankle sprains.pdf](http://www.sld.cu/galerias/pdf/sitios/rehabilitacionfis/therapeutic%20ultrasound%20for%20acute%20ankle%20sprains.pdf).

Werner Kahle, Helmut Leonhardt dan Werner Platzer, *Sistem Lokomotor, Muskuloskeletal dan Topografi*, Jilid I, Austria, 1995.

Wolf, A.N. de, dan J.M.A Mens, *Pemeriksaan Alat Penggerak Tubuh Diagnostik Fisis Dalam Praktek Umum*, diterjemahkan oleh Steve Padango (Belanda: Bohn Stafleu Van Loghum, 1990).